



Moorsway Federation:

The Erme Primary School / Cornwood C of E Primary School



PSHE CURRICULUM OVERVIEW

"PSHE education gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain." - PSHE Association

VISION Our vision for PSHE (which incorporates the National Curriculum non-statutory guidance for Citizenship) is to allow our children to become responsible and informed global citizens. We want our children to develop as great communicators, who are confident to share their views and opinions. We aspire to ensure PSHE is at the core of everything we do. By doing so, it allows our children to blossom into confident, independent, reflective and responsible members of the ever-changing society around them.

EYFS	EYFS R	Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen. Develop social phrases. CL See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge. PSED Identify and moderate their own feelings socially and emotionally. PSED Think about the perspectives of others. PSED Manage their own needs. - personal hygiene PSED Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating – tooth-brushing - sensible amounts of ‘screen time’ - having a good sleep routine - being a safe pedestrian PSED Further develop the skills they need to manage the school day successfully: - lining up and queuing - mealtimes PD Talk about members of their immediate family and community. UW Name and describe people who are familiar to them. UW Recognise that people have different beliefs and celebrate special times in different ways. UW
	EYFS ELG	Hold conversation when engaged in back-and-forth exchanges with their teachers and peers. CL Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. CL Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. PSED Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. PSED Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. PSED Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. PSED Explain the reasons for rules, know right from wrong and try to behave accordingly. PSED Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. PSED Work and play cooperatively and take turns with others. PSED Form positive attachments to adults and friendships with peers. PSED Show sensitivity to their own and others’ needs. PSED Negotiate space and obstacles safely, with consideration for themselves and others. PD Talk about the lives of people around them and their roles in society. UW

Themes: Keeping and Staying safe Computer Safety Feelings and Emotions Relationships/ Growing and changing (including SRE) Keeping and Staying healthy Being Responsible A world without judgement Our World						
KS1	Autumn		Spring		Summer	
Year A	Road Safety (5-8) Road Safety looks at how we can stay safe when crossing the road and travelling in a vehicle.	Online Safety (5-8) Children learn how to keep themselves safe when using computers, social media and the Internet.	Jealousy (5-8) Jealousy emphasises the need to recognise our own strengths and those of the people around us, and teaches students to deal with feelings of jealousy.	Anger (5-8) Anger looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger.	Fire Safety (5-8) This unit looks at Hoax Calling, Petty arson, Texting while driving, Fire stations	Friendship (5-8) Friendship looks at how we behave with our friends and how these behaviours can affect others.
	Tying Shoelaces (5-8) Tying Shoelaces looks at how we can prevent accidents that are often caused when rushing around.	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Children's Mental Health Week – February This annual event was set up by children's mental healthy charity, Place2Be and shines a spotlight on the importance of children and young people's mental health.	Worry (5-8) Worry allows students to identify what they can do and who they can talk to if they feel worried about something.	Bullying (5-8) Bullying looks at how our actions and words can affect others, and it enables students to explore kind and positive behaviours.	Body Language (5-8) Body Language looks at recognising how other people may be feeling and allows students to explore the different ways we can express our emotions.
Year B	Staying Safe (5-8) Children learn how to keep themselves and others safe in different situations	NSPCC Talk PANTS campaign Developed with children, parents, carers and teachers, Talk PANTS helps children to understand that their body belongs to them, and what to do if they feel upset or worried.		Protected characteristics The children will start to develop an awareness of the 9 protected characteristics.	Personal development In this unit, teachers will deliver sessions that meet the needs of their children in the class, linked to issues that have arisen throughout the year.	Let's learn about autism for 5-7yr olds These sessions give an introduction to autism and to help children think about how they can support their autistic peers.
	NSPCC – SPEAK OUT KEEP SAFE Speak Out Stay Safe is a safeguarding programme for children, helping children to understand: abuse and how to recognise the signs; that abuse is never a child's fault and that they have the right to be safe; where to get help and the sources of help available to them.					
Year B	Healthy Eating (5-8) Healthy Eating looks at how we can make healthy food choices and what might happen if we choose to eat too much unhealthy food.	Brushing Teeth (5-8) This module looks at why we should brush our teeth and the potential consequences of not doing so often enough.	Water Spillage (5-8) Water Spillage looks at the different ways we can cause accidents and how we can prevent these from happening.	Helping Someone in Need (5-8) Helping Someone in Need looks at how we can help others at home and in the community and the risks of helping someone we don't know very well.	Living in Our World (5-8) Living in Our World explores how humans can help take care of living things both inside and outside of the home	Recap – Bullying, Friendship, Body Language (Summer A)
	Washing Hands (5-8) This module looks at why we should wash our hands and the potential consequences of not doing so.	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Practice Makes Perfect (5-8) Practice Makes Perfect looks at setting goals and developing skills and strategies to achieve those goals.	Growing in Our World (5-8) Growing in Our World explores the human cycle and how our families are special and unique.	What can we do with money? (KS1 PSHE Association) This unit introduces children to the concept of money.	What jobs do people do? (KS1 PSHE Association) This unit encourages children to think about different types of jobs and why these are important.
Year B	NSPCC – SPEAK OUT KEEP SAFE Speak Out Stay Safe is a safeguarding programme for children, helping children to understand: abuse and how to recognise the signs; that abuse is never a child's fault and that they have the right to be safe; where to get help and the sources of help available to them.	NSPCC Talk PANTS campaign Developed with children, parents, carers and teachers, Talk PANTS helps children to understand that their body belongs to them, and what to do if they feel upset or worried.	Children's Mental Health Week – February This annual event was set up by children's mental health charity, Place2Be and shines a spotlight on the importance of children and young people's mental health.		Personal development In this unit, teachers will deliver sessions that meet the needs of their children in the class, linked to issues that have arisen throughout the year.	

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LKS2	Autumn		Spring		Summer	
Year A	Leaning Out of Windows (5-8) Leaning Out of Windows looks at the risk of falling from heights and the various dangers we may find in our homes and communities.	Computer Safety (8-11) Children learn about computer safety, making friends online and online bullying, and image sharing	Grief (5-8) Grief looks at the different feelings we can experience when we lose someone or something we loved dearly, and enables students to identify ways they can cope when grieving.	Jealousy (8-11) This video looks at how the feeling of jealousy can arise when someone new is introduced to a friendship group.	First Aid (Y4) Asthma Anaphylactic shock	Relationships YEAR 4 (8-11) Appropriate Touch explores the difficult subject of how relationships can be unhealthy- 11 or uncomfortable.
	Cycle Safety (8-11) Cycle Safety looks at distractions on the road and how our actions can cause others harm.	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Children’s Mental Health Week – February This annual event was set up by children’s mental health charity, Place2Be and shines a spotlight on the importance of children and young people’s mental health.	Protected characteristics The children will learn about the 9 protected characteristics.	Touch YEAR 3 (5-8) Touch looks at appropriate and inappropriate touch and enables students to explore who they can talk to if they feel uncomfortable in a relationship.	Let’s learn about autism for 8-11yr olds These sessions give an introduction to autism and to help children think about how they can support their autistic peers.
Year B	NSPCC – SPEAK OUT KEEP SAFE Speak Out Stay Safe is a safeguarding programme for children, helping children to understand: abuse and how to recognise the signs; that abuse is never a child’s fault and that they have the right to be safe; where to get help and the sources of help available to them.	NSPCC Talk PANTS campaign Developed with children, parents, carers and teachers, Talk PANTS helps children to understand that their body belongs to them, and what to do if they feel upset or worried.				
	Medicine (5-8) This module looks at why we take medicine and the dangers of taking it without a trusted adult’s permission and supervision.	Healthy Living (8-11) Healthy Living looks at how certain types of food can affect our performance in a sports event.	Why should we keep active and sleep well? (LKS2 PSHE Association) This unit looks at the importance of exercise and getting a good amount of sleep to stay healthy.	Coming Home on Time (8-11) Coming Home on Time looks at rules and guidelines.	Working in Our World (5-8) Working in Our World looks at why humans need money and the ways in which money can be used and received.	Looking After Our World (5-8) Looking After Our World explores ways in which we can help to protect our planet, such as recycling and saving energy.
Year B	How can drugs common to everyday life affect health? (LKS2 PSHE Association) This unit raises awareness of the impact drugs can have on your health if taken incorrectly.	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Stealing (5-8) Stealing looks at the differences between stealing and borrowing, and enables students to identify emotions with losing a special possession.	Breaking Down Barriers (8-11) Breaking down Barriers explores removing barriers and supporting those who have physical disabilities.	What decisions can people make with money? (LKS2 PSHE Association) This unit looks in more detail at how to manage and spend money, and the impact of different decisions.	Touch recap (See Summer A)
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UKS2	Autumn		Spring		Summer	
Year A	Peer Pressure (8-11) This unit looks at how we can be influenced and pressured to make unsafe choices.	Computer Safety (8-11) Children learn about computer safety, making friends online and online bullying, and image sharing	Anger (8-11) Anger looks at the ways in which we can manage our emotions when we are unable to do something we wanted.	Worry (8-11) This video looks at transition and the feelings a child can have when starting a new school.	First Aid (Y5, Y6p1 and p2) Children will learn about the following: Basic life support Head injuries and bleeding Minor burns and fractures	Puberty YEAR 5 Puberty is a short, animated video that looks at the different changes boys and girls go through during puberty. Unlike the other videos, there are no alternative endings.
	Water Safety (8-11) Water Safety explores the topic of trespassing and the dangers of swimming in open or unknown waters.	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Children’s Mental Health Week – February This annual event was set up by children’s mental health charity, Place2Be and shines a spotlight on the importance of children and young people’s mental health.	Inclusion and Acceptance (8-11) This unit explores the topic of a child having same sex parents.	Protected characteristics The children will develop a knowledge of the 9 protected characteristics.	Conception YEAR 6 Conception is a short, animated video that looks at how a baby is conceived and the various stages of pregnancy. Unlike the other videos, there are no alternative endings.
Year B	NSPCC – SPEAK OUT KEEP SAFE Speak Out Stay Safe is a safeguarding programme for children, helping children to understand: abuse and how to recognise the signs; that abuse is never a child’s fault and that they have the right to be safe; where to get help and the sources of help available to them.	NSPCC Talk PANTS campaign Developed with children, parents, carers and teachers, Talk PANTS helps children to understand that their body belongs to them, and what to do if they feel upset or worried.				
	Smoking (8-11) Smoking explores how someone can be pressured in to smoking	Anti-bullying Week – November This is an annual UK event which aims to raise awareness of bullying of children young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.	Looking Out for Others (8-11) Looking Out for Others looks at the responsibility we have if we witness someone being bullied.	British Values (8-11) British Values looks at how we can be inclusive and ensure everyone’s beliefs and needs are respected.	Enterprise (8-11) Enterprise looks at how children can help pay for items they would like.	Recap - Puberty and Conception (See Summer A)
Year B	Alcohol (8-11) This unit explores the dangers of alcohol and how people can be affected by alcohol in different ways.	How can the media influence people? (UKS2 PSHE Association) In this unit, children will learn about how different types of media, including social media and the news, can influence people’s thoughts and feelings.	Stealing (8-11) Stealing explores the topic of taking something from a family member without asking.	Inclusion, belonging and extremism – PSHE Association This unit looks at how we are all different, the importance of belonging and respecting each other.	In-App Purchases (8-11) In-App Purchases provides a subtle introduction to debt and looks at paying for items through apps or games.	Transitions Children will think about the transition to secondary school and how to manage their emotions during this time.
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